

Felicia Huppert is a psychologist with a long-standing research interest in the science of well-being and the promotion of human flourishing.

She holds a Professorship in the Institute for Positive Psychology and Education, at ACU in Sydney, and spends part of the year in the UK, where she is founding Director of the Well-being Institute at the University of Cambridge, and Emeritus Professor of Psychology.

Her current research focuses on studies of the effects of mindfulness and compassion training in education, healthcare and business organisations and the development of a high quality multi-dimensional measure of subjective well-being to guide research and policy.

Felicia has advised governments and international bodies on the measurement of well-being, and on policies to enhance well-being.

She is on the Scientific Advisory Board of Prevention United, a new Australian organisation committed to the promotion of mental health and the prevention of mental disorders. She is also Director of the Australian Compassion Council Scholars Program.