

RICHARD M. RYAN



Richard M. Ryan, Ph.D. is a Professor at the Institute for Positive Psychology and Education at the Australian Catholic University, North Sydney. He is a clinical psychologist and co-developer of *Self-Determination Theory*, an internationally recognized leading theory of human motivation, and a co-founder of Immersyve *Inc.*, an

organizational research and consulting firm. He lectures frequently in the United States and abroad on the factors that promote motivation and healthy psychological and behavioral functioning (applied to such areas as work and organizations, education, health, sport and exercise, video games and virtual environments). Ryan is among the most cited researchers in psychology and social sciences today and the author of over 400 papers and books in the areas of human motivation and well-being, including his best-selling book, *Self-determination theory: Basic psychological needs in motivation, development and wellness* (Ryan & Deci, 2017). Reflective of Ryan's influence internationally and across disciplines, he has been recognized as one of the eminent psychologists of the modern era^{1,2} and listed among the Top 20 most influential industrial-organizational psychologists³. He has also been honored with three lifetime achievement awards for his work on motivation, personal meaning, and self and identity, and has received an honorary degree from the University of Thessaly and an honorary membership to the German Psychological Society.

¹ Sternberg, Fiske, & Foss, 2016, [Scientists Making a Difference: One Hundred Eminent Behavioral and Brain Scientists Talk about their Most Important Contributions](#). Cambridge University Press.

² Diner, Oishi, & Parker, 2014, [An Incomplete List of Eminent Psychologists of the Modern Era](#), *Archives of Scientific Psychology*

³ Human Resources MBA, [The 30 Most Influential Industrial and Organizational Psychologists Alive Today](#)