

Time	Wednesday 29 June	Thursday 30 June	Friday 1 July	Saturday 2 July
	Theme:	Wellbeing Society	Positive Health and Positive Education	Wellbeing at work and in life
8:00-8:30		Morning event	Morning event	Morning event
8:30-9:00	PRE - WORK - SHOPS	Welcome	Welcome	Welcome
9:00-9:30		Dora Gudmundsdottir: Positive Psychology and Public Health for a better society	Judith Moskovitz: Positive Emotion Interventions for Health-Related or Other Life Stress: Progress, Promise, and Lessons Learned	Ilona Boniwell and Alyaa AlMulla: Bringing wellbeing to the workplace
9:30 - 10:30		Ola and Anna Rosling: Factfulness	Richard Davidson - Neuroscience of Wellbeing	Richard Ryan: SDT - Society and Education
10:30		Break	Break	Break
11:00-12:00		Hans Henrik Knoop: Constructive Journalism	Svala Sigurdardottir: Positive Health	Vanessa King from Action for Happiness
12:00-13:00		Lunch	Lunch	Lunch
13:00-14:00		Felicia Huppert- Measuring wellbeing	Kirstján Kristjánsson - Flourishing and Positive Education: A Synthesis - and 10 Problems	Kate Hefferon and Itai Ivtzan: Mindfulness and Post-Traumatic Growth
14:00-15:00		Ragnhild Bang Nes - Measuring wellbeing in Norway and Vertti Kiukas , Wellbeing Economy as a strategy for the future	Lea Waters - Sue Roffey: Positive Education	Positive Psychology Coaching
15:00-15:30			Break	Break
15:30-17:00		Wellbeing Economy forum	Creating a World We Want to Live in: Felicia Huppert, Sue Roffey, Dora Gudmundsdottir, Vanessa King, David Roffey, Marten deVries, Bridget Grenville-Cleave	Surfing the second wave: Identifying currents of development in positive psychology: Tim Lomas, Itai Ivtzan, Ryan Niemiec and Michael Steger
17:00-18:00	16-18 Opening ceremony: Ilona Kickbush, Ilona Boniwell and more	Wellbeing Economy forum - High level panel discussion	Implementing Change Initiatives: Taming The Tension Between Stability and Change in Optimal Functioning: Lisa Vivoll Straume, Joar Vittersø and Helmut Buss	Michael Steger - Meaning at work and life
18:00-19:00	Explore with the locals	Explore with the locals	Explore with the locals	Closing ceremony: Marta Bassi
20:00	Pool Party	Mindful Gong at the beach	Positive Psychology Party at Harpa - An unforgettable evening	Hiking with the locals