

ECPP June 2022

Pre-conference workshop on Positive Education

Relationships, resilience, responsibility.

How can we support young people to develop the quality of relationships that will both sustain them in their lives and enhance the safety of our communities? What does this mean for how we treat them at school – especially when they present with challenges? How can we ensure every young person feels they belong? Can we expect students to take responsibility for the emotional climate of their class and how might we do this?

This workshop is both informative and interactive. Expected outcomes are:

- Taking account of the interaction between relationships, emotions and learning – promoting the positive
- Learning the personal and environmental aspects of resilience
- Knowing the difference between ‘in charge’ and ‘In control’ and why control is not helpful
- Identifying the micro-moments of interaction that make the difference
- Using emotional literacy and neuroscience to respond effectively in challenging situations
- Understanding how the ASPIRE principles of agency, safety, positivity, inclusion, respect and equity provide a basis for both positive relationships and whole school wellbeing
- Experiencing a sense of connection and enjoyment.

Bio

Dr Sue Roffey has been a teacher, educational psychologist and academic. She is currently honorary a/professor at Exeter and Western Sydney Universities and Director of Growing Great Schools Worldwide. Sue is a prolific author and well-respected authority on all aspects of wellbeing in education, including behaviour, relationships, social and emotional learning and teacher wellbeing. See www.growinggreatschoolsworldwide.com and Sue’s TEDx talk: <http://bit.ly/2PT2FgE>

