

Time	Wednesday 29 June	Thursday 30 June	Friday 1 July	Saturday 2 July			
		<b>Wellbeing Economy - Whole of a society approach to wellbeing</b>	<b>Positive Health and Positive Education</b>	<b>Wellbeing at work and in life</b>			
8:00-8:30		Morning event	Morning event	Morning event			
8:30-9:00		<b>Opening session for the day</b>	<b>Welcome</b>	<b>Welcome</b>			
9:00-9:30	<b>P r e - W o r k s h o p s</b>	Positive Psychology and Public Health for a sustainable wellbeing society <b>Dora Gudrun Gudmundsdottir</b>	Flourishing and Positive Education: A Synthesis - and 10 Problems <b>Kristján Kristjánsson</b>	Meaning at work and life <b>Michael Steger</b>			
9:30 - 10:30		Deploying the science of wellbeing to create a better, fairer and more sustainable world <b>Felicia Huppert</b>	Well-being is a skill <b>Richard Davidson</b>	Connecting motivation, awareness, values, and thriving: New Research from Self-determination theory <b>Richard Ryan</b>			
10:30		Break	Break	Break			
11:00-12:00		World happiness and health during two years of Covid-19 <b>John Helliwell</b>	Positive Emotion Interventions for Health-Related or Other Life Stress: Progress, Promise, and Lessons Learned <b>Judith Moskowitz</b>	Positive Psychology Coaching – Towards a Unified Theory <b>Yannick Jacob, Suzy Green, Ilona Boniwell, Gudrun Snorraddottir</b>	Action for Happiness (workshop) <b>Vanessa King</b>		
12:00-13:00		Lunch	Lunch	Lunch			
13:00-14:00		Measuring wellbeing in Norway <b>Ragnhild Bang Nes</b> Wellbeing economy as a strategy for the future <b>Vertti Kiukas</b>	Constructive Journalism <b>Chair: Hans Henrik Knoop</b>	Differences in Wellbeing: What do we know about genes, the brain, and the environment <b>Meike Bartels</b>	What does leisure mean to you and how can positive psychology inform your leisure choices (workshop) <b>Sue Roffey and Bridget Grenville-Cleave</b>	Compassionate Transformation (workshop) <b>Itai Ivztan</b>	
14:00-15:00		The use of wellbeing data in cost benefit analyses <b>Ziggi Santini and tbc</b>	Wellbeing - promoting interventions <b>Dina von Heimburg, Siri Hausland Folstad, Maja Eilertsen, Monica Beer Prydz</b>	Positive Psychology Interventions in Health <b>Chair: Svala Sigurðardóttir</b>	<b>Positive Education</b>	Designing Workplaces where People Flourish: From Well-Being to Optimal Postive Functioning <b>Chair: Stewart Donaldsson</b>	FLOW - Social Dimensions of Optimal Experience: Conceptual Advances, Methods and Applications <b>Chair: Jef Van den Hout</b>
15:00-15:30		Break	Break	Break	Break		
15:30-16:50		Creating the World We Want to Live in <b>Felicia Huppert, Sue Roffey, Dora Gudmundsdottir, Vanessa King, David Roffey, Marten deVries, Bridget Grenville-Cleave</b>	Sustainable people make Regenerative Places <b>Chair: Fredrik Lindencrona</b>	Genetic and Environmental Sources of Wellbeing and Illbeing <b>Ragnhild Bang Nes, Esben Røysamb, Maja Eilertsen, Ludvig Daae Bjørndal, Live Hofgaard</b>	Engaging Education - Stories from the classroom across Europe <b>Sue Roffey, Gilda Scarfe, Mette Marie Ledertoug, Nanna Paarup, Lotta Uusitalo-Malmivaara, Kaisa Vuorinen</b>	Implementing Change Initiatives: Taming The Tension Between Stability and Change in Optimal Functioning <b>Lisa Vivoll Straume, Joar Vittersø and Ann Encontre</b>	The Humanities and Human Flourishing Project: Empirical Advances in the Positive Humanities <b>Chair: James Pawelski</b>
17:00-18:00		<b>Opening ceremony</b>	<b>Wellbeing Economy forum - High level panel discussions</b>	Reconciling Hedonic and Eudaimonic Well-being Using the Eudaimonic Activity Model <b>Kennon Sheldon</b>	<b>Creating a culture of wellbeing in schools</b>	The Future is Human <b>Sue Langley</b>	Bringing wellbeing to the workplace <b>Alyaa AIMulla and Ilona Boniwell</b>
18:00-19:00	<b>Explore with the locals</b>		<b>Explore with the locals</b>	<b>Closing ceremony</b> <b>Marta Bassi</b>			
20:00	<b>Pool party</b>	<b>Mindful Gong at the beach</b>	<b>Positive Psychology Party at Harpa - An unforgettable evening</b>	<b>Hiking with the locals</b>			