

Agenda for Frontiers in Positive Psychology in 21st Century Education

- 8.30. A warm welcome by the IPPA Pos Ed organizing Committee; Dr. Shiri Lavy, Dr. Åse Fagerlund & Dr. Mette Marie Ledertoug
- 8.35 – 8.47 IPPA Pos Ed Division Past President Dr. Mathew White, Australia
- 8.47.9.00 IPPA Pos Ed Division President Dr. Maggie Zhao, Hong Kong
- 9.00-10.00 UPRIGHT – a Whole-school Well-being and Resilience Program
Chair: Dr. Mette Marie Ledertoug, UK
- Introduction to the program by Dr. Louise Tidmand, Denmark
 - Hands on workshop with exercises and activities from the program
 - Coping by Dr. Mette Marie Ledertoug, UK
 - Efficacy by Dr. Ingibjörg Kaldalons, Iceland
 - Social Emotional Learning by Dr. Mette Marie Ledertoug, UK
 - Mindfulness by Bryndis Jonsdottir, Iceland
- 10.00-10.15 Break
- 10.15 – 11.15 Perspectives on whole school approach
Chair: Dr. Åse Fagerlund, Finland
- Introduction to whole school approaches by Dr. Åse Fagerlund, Finland
 - A toolbox for individual support by Dr. Tayyab Rashid, Canada
 - Parents as an underused resource in schools? by Micaela Romantschuk, the Parent Association in Finland
- 11.15-12.15 21st Century Education and whole school approaches
Chair: Dr. Shiri Lavy, Israel
- Co-creation workshop: Building a Pos Ed school - A hands-on visionary experiment.
- 12.15-12.30 Wrap-up.