

SILFURBERG		THEME OF THE DAY HEALTHY COMMUNITY - ICELANDIC MODEL						
Time	Activity	KALDALÓN	RÍMA A	RÍMA B	VÍSA	STEMMA	BJÖRTULOFT	HÁULOFT
8.00-8.30	Morning event Brisk walk Yoga Mindfulness							
8.30-8.40	Address by the President of Iceland, <i>Guðni Th. Jóhannesson</i>							
8.40-9.00	Public Health Policy in Reykjavik <i>Heiða Björg Hilmisdóttir</i>							
9.00-9.30	The Icelandic model <i>Inga Dóra Sigfúsdóttir</i>							
9.30-9.50	Implementation of the Icelandic Model in Lithuania <i>Bryndís Björk Ásgeirsdóttir</i>							
9.50-10.10	Danish data-driven prevention of alcohol and other substances <i>Maria Koch Aabel</i>							
10.10-10.25	Health promoting communities in Iceland <i>Gígja Gunnarsdóttir</i>							
10.30-11.00	Break							
11.00-12.00	COVID-19 and mental health - findings from the international COVIDMENT consortium <i>Unnur Anna Valdimarsdóttir</i> The impact of Covid-19 pandemic on health equality in Sweden <i>Anna Bessó</i>							
12.00-13.00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
13.00-14.00	The First 1000 Days in the Nordic Countries: Supporting Mental Health in the Beginning of Life <i>Sigrún Danielsdóttir</i> <i>Liv Lingå</i> <i>Ann-Cristine Jonsson</i>	Use of outpatient mental health services among migrants and non-migrants: Risk factors, barriers, facilitators and consequences <i>Melanie Straiton</i> <i>Karoline Ekeberg</i> <i>Kamila Angelika Hynek</i> <i>Melanie Straiton</i>	Healthpromotion and prevention <i>Margrét Lilja Guðmundsdóttir</i> <i>Ingibjörg Guðmundsdóttir</i> <i>Hafþór Barði Birgisson</i> <i>Bryndís Jónsdóttir</i> <i>Ólaf Sivertsen</i>	Sustainable Development Goals in local communities <i>Elisabeth Garås</i> <i>Mikela Grotenfelt-Engren</i> <i>Rikka Kangas</i> <i>Lisa Harryson</i>	Psychological wellbeing <i>Dietrun Lubeck</i> <i>Ingelise Olesen</i> <i>Diana Tsiring</i>	Smoking cessation <i>Charlotta Pisinger</i> <i>Mette Rasmussen</i> <i>Hanne Vibjerg</i>	Workshop: Co-designing policies, settings and tools to protect children's mental health and cognitive development. <i>Miriam Weber</i>	
14.00-15.00	Health promoting schools in Iceland <i>Jenny Ingudóttir</i> <i>Ingibjörg Guðmundsdóttir</i> <i>Inga Berg Gísladóttir</i>	Mental wellbeing and social media <i>Jens Cristoffer Skogen</i> <i>Randi Træland Hella</i> <i>Turi Reiten Finserås</i>		Nutrition edutainment <i>Kjell Sverre Pettersen</i> <i>Anna S Olafsdóttir</i>	Physical activity in local communities <i>Tue Kristensen</i> <i>Matti Leijon</i> <i>Christina Björk Petersen</i> <i>Lena Hansson</i> <i>Gígja Gunnarsdóttir</i>	Sexual and reproductive health and rights <i>Galit Andersson</i> <i>Mika Gissler</i> <i>Maja Chistiansen</i> <i>Tobias Prentow</i>	Workshop: Empowering families through nature: Storytelling and fairy trails for resilience, character strengths, and nature connection <i>Annika Wiklund-Engblom</i>	Suicide in the Nordic countries. Data, prevention policy and practice <i>Johan Siqueland</i> <i>Britt Morthorst</i> <i>Guðrún Jóna Guðlaugsdóttir</i>
15.00-15.30	Break	Break	Break	Break	Break	Break	Break	Break
15.30-16.50	The WHO Healthy Cities Network - Changing cities to change the world <i>Hanna Dunning</i> <i>Gígja Gunnarsdóttir</i> <i>Jan Andersson</i> <i>Pia Hakamäki</i> <i>Vigdís Holm</i> <i>Johanna Linnarsson</i>	Mental wellbeing and COVID-19 <i>Live Bøe Johannessen</i> <i>Berit Kjærside Nielsen</i> <i>Ola Ekholm</i> <i>Gertrud Hafstad</i> <i>Daniel Sundvall</i> <i>Sara Wall</i>	Panel discussions on Healthpromotion and prevention <i>Hafþór Birgisson</i> <i>Margrét Lilja Guðmundsdóttir</i> <i>Ása Sjáfn Lörens dóttir</i> <i>Ingibjörg Guðmundsdóttir</i> <i>Bryndís Jónsdóttir</i>	Mental health: Support from various directions <i>Knud Ryom</i> <i>Catherine Lorentzen</i> <i>Andreas Lindegaard Jakobsen</i> <i>Johanna Sourander</i> <i>Malin Maurset</i>	Mental wellbeing among older people <i>Siri Bjerkan</i> <i>Thomas Hansen</i> <i>Martin Eghøj</i> <i>Kristin Thorarinsdóttir</i>	Mental wellbeing and bullying <i>Ann Jeanette Heitmann</i> <i>Eliva Ambugo</i> <i>Juuso Repo</i>	Workshop: To what extent can we trust our data on trends in mental health among adolescents? <i>Charli Eriksson</i>	
17.00-18.00	Healthy city and healthy community <i>Harpa Thorsteinsdóttir</i> <i>Ulla Toft</i> <i>Thea Suldrup Jörgensen</i> <i>Jan Anderson</i>	Sustainable Development Goals in Nordic societies <i>Kristin Vala Ragnarsdóttir</i> <i>Alison McCallum</i> <i>Tomas Nilsen</i> <i>Astrid Torbjörnsen</i>	Prenatal and infant nutrition <i>Birna Thorsidóttir</i> <i>Ingibjörg Gunnarsdóttir</i> <i>Janne Oftedal</i>	Reducing tobacco use <i>Anneke Vang Hjort</i> <i>Cathrine Lau</i> <i>Cecilie Toxværd</i>	Rehabilitation <i>Tore Bersvendsen</i> <i>Nina Konstantin Nissen</i> <i>Thomas Maribo</i> <i>Maiken Bay Ravn</i>	Health promoting workplaces <i>Inga Berg Gísladóttir</i> <i>Ingibjörg Loftsdóttir</i> <i>Jes Bak Sørensen</i>	Youth and public health <i>Youth representatives from Iceland</i>	
18.00-19.00	Explore with the locals							
20.00	Gala Dinner in Gamla Bíó							