13TH NORDIC PUBLIC HEALTH CONFERENCE 10TH EUROPEAN CONFERENCE ON POSITIVE PSYCHOLOGY Thursday 30th June 2022

	ELDBORG 2nd floor										
8.00-8.30	Morning event Brisk walk Yoga Mindfulness									1-31-1	
8.30-8.45	Addresses from the prime minister and minister of health		1.1			THEME	OF THE DAY				
8.45-9.20	Positive Psychology and Public Health for a sustainable wellbeing society Dora Gudrun Gudmundsdottir										
9.20 -10.00	Deploying the science of wellbeing to create a better, fairer and more sustainable world <i>Felicia Huppert</i>										
10.00-10.20	On time and water Andri Snær Magnason								A CONTRACTOR		
10.20-10.50	Break					A Star	a the second				
10.50-11.05	Musican										
11.05-11.35	World happiness and health during two years of COVID-19 <i>John Helliwell</i>										
11.40-12.15	High level panel discussion Dora Guðrun Guðmundsdottir Felicia Huppert Andri Snær Magnason John Helliwell	SILFURBERG A 2nd floor B		NORÐURLJÓS 2nd floor	KALDALÓN 1st floor	RÍMA A 1st floor	RÍMA B 1st floor	VÍSA 1st floor	STEMMA 1st floor	BJÖRTULOFT 6th & 7th floor	HÁULOFT 8th floor
12.15-13.00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
13.00-14.00		Measuring wellbeing in Norway Ragnhild Bang Nes Wellbeing economy as a strategy for the future <i>Vertti Kiukas</i>	Theoretical and Methodological Advancements into Research and Practice on Posttraumatic Growth Laura Blackie Felix Lewandowski Meryem Betul Yasdiman Judith Mangelsdorf	Sleep and wellbeing Erna Sif Arnardóttir Erla Björnsdóttir	Mindfulness in different perspectives Irit Bluvstein Gudrun Lind Halldorsdottir Ilios Kotsou Laura Pellegrini	A census approach to population monitoring of wellbeing from 7 through 18 years - informing system wide evidence based policy and practice. Sally Brinkman David Engelhardt Erika Elkady	Challenges in the workplace Ying Zhou Ana Tomova Jurgita Lazauskaité- Zabielské Georgina Csordás		Awareness and self regulation <i>Tamar Icekson</i> Sofia Kousi Catherine Juneau Rosa Banos	Workshop: Relationships and Research: How Positive Psychology Can Help Alleviate Loneliness and Build Better Social Connections in the Wellbeing Economy Suzann Pileggi Pawelski	Workshop: COVID-19 and Effects on Human's Well- Being: developing coping strategies for a new future Øyvind Økland
14.00-15.00		The use of wellbeing data in economic analyses and Valuing aspects of life not traded in markets Ziggi Santini Tinna Laufey Ásgeirsdóttir	Wellbeing - promoting interventions Ragnhild Bang Nes Dina von Heimburg Siri Hausland Folstad Maja Eilertsen, Monica Beer Prydz	A flexible map of flourishing: An interdisciplinary framework for understanding flourishing, wellbeing, health and happiness, together with their individual and collective factors <i>Tim Lomas</i>	Flow research in Europe: What´s New? Corinna Peifer Jasmine Tan Teresa Freire	Personal interventions Natasha Lekes Ásta Pétursdóttir Maike Liu Ribera Alberto	Peace, hope and wellbeing Anat Shoshani Helena Marujo Kazuya Horike Annika Larsson	Attentional and emotional regulation: Enhancing psychological well-being in the field of psychotherapy <i>Rebekka Shankland Marine Paucsik</i> Jean-Baptiste Baudier Agata Urbanowicz Tanja Bellier	Positive Psychology and the self Guillaume Tachon Julien Bruno Oscar Lecuona Hanna Frankl	Workshop: Using a Personal Storytelling Intervention in Grades 6-10 to Promote Individual and Community Flourishing Kristine Larson	Workshop: Farming with the patterning of emergence in a suburban neighbourhood <i>at De Broederij</i> <i>Patricia Van Deurzen</i>
15.00-15.30	Break	Break	Break	Break	Break	Break	Break	Break	Break	Break	Break
15.30-16.50		Systematic public health Steffen Torp Camilla Björn Torben Jörgensen Caroline Mejdahl Hanna Tolonen Irina Ponomareva	Sustainable people make Regenerative Places Chair: Fredrik Lindencrona Gary Belkin Lara Fleischer Sean Russel Kristian Wahlbeck	Longitudinal stability and changes in human characteristics: A dual-factor approach to wellbeing Xiaoyu Lan Lillian Mayerhofer Ragnhild Bang Nes Malin Bath	Ideal Types of Well- being Across Cultures <i>Kuba Krys</i> <i>Maria Kluzowicz</i> <i>Maciej Górski</i>	Higher education and positive psychology <i>Lisa Pindeus</i> <i>Julianna Gesun</i> <i>Jessica Spurgeon</i> <i>Laurent Bégue</i> <i>James Donald</i>	Positive psychology in the workplace Alessandra Marazzi Philip Streit Dwight Tse Galazka Alicja Sigrún Lilja Einarsdóttir	Positive Psychology and health Ewa Grunszynska Diana Tsiring Marie Seberg Primdahl Clarissa Jonousch Thomas Meinertz Dantoft Frank Martela	Wellbeing and personal growth Aaron Jarden Mia Maurer Tobias Rahm Michael Mitterwallner Lisa Wagner Adela Balderas Cejudo	Creating the World We Want to Live in Felicia Huppert Sue Roffey Dora Gudmundsdottir Vanessa King David Roffey Marten deVries, Bridget Grenville-Cleave	
17.00-18.00		Implementing Change Initiatives: Taming The Tension Between Stability and Change in Optimal Functioning Lisa Vivoll Straume, Joar Vittersø Ann Encontre	Bringing Wellbeing to the Workplace <i>Ilona Boniwell</i> Alya AlMulla	Wellbeing Economy forum - High level panel discussions Tiina Laatikainen Pétur Berg Matthíasson Søren Brostrøm Øyvind Giæver Karin Tegmark Wisell Rósa Guðrún Erlingsdóttir	Developing and Evaluating Web-based Applied Positive Psychology Resources: Research and Dissemination with the "My Best Self 101" Program Jared Warren Lauren Linford Conner Deichman	Positive Psychology in secondary schools <i>Ceri Sims</i> Ian Platt Anne Torhild Klomstén	COVID-19 and quality of life Ben-Ari Orit Taubman Crétien Van Campen Andreas Krafft	Positive health and wellbeing in community and healthcare Lisa Honig Buksbaum Kathi Norman	Creating the worlds people want to live in - Preperations to introducing cultural sensitivity in societal development <i>Mateusz Olechowski</i> <i>Arkadiusz Wasiel</i> <i>Sara Lament-Hamodi</i>	Workshop: On the measurement of positive mental health among school-aged children: A Nordic research collaboration Ársæll Arnarsson	Workshop: Stimulating Creativity: using your Flow and Qualities <i>Kiki De Jonge</i>
18.00-19.00						Explore with the local	S			Memorial session Mihaly Csikszentmihalyi	
						Mindful Gong at Reykjavi					

Education

Workplace

Global Issues

Health

Other

Society



