

Joar Vittersø

Joar Vittersø is a professor of social psychology at the University of Tromsø, Norway. He holds a MS in social anthropology, a MS and a Ph.D. in social psychology, all from the University of Oslo.

Vittersø's research includes studies of conceptual developments in the science of wellbeing, and he has published extensively on topics such as life satisfaction, positive emotions, personal growth and eudaimonic wellbeing. He is the editor of the "Handbook of Eudaimonic Well-Being" and the author of a forthcoming book entitled: Oh, My Goodness. Towards a Humanistic Theory of Wellbeing."